

# SIFAM



## ADVANCED FOOT & ANKLE CONFERENCE



In Collaboration with  
**SICOT & IFAS**

**Conference Dates: 24<sup>th</sup> & 25<sup>th</sup> January 2025**

**Conference Venue: Hotel Hilton, Chennai**

**Cadaveric Workshop Date:  
26th January 2025 at MMC, Chennai**

### HIGHLIGHTS



National and  
International Faculties



Didactics, Discussions  
and Rebuttals



Relive Surgeries, Dry &  
Wet Lab Workshops



**Dr Rajiv Shah**  
Course Convenor  
Past Chair - APOA



**Dr S. Muthukumar**  
Chairman Parvathy Hospital  
Course Patron



**Dr J. Dharmarajan**  
Director Ortho Parvathy Hospital  
Organising Secretary



**Dr Rahul Upadhyay**  
Course Chair  
SIFAM



**Dr Arvind Puri**  
President F&A, APOA  
Vice Chairman  
F&A SICOT (Australia)



**Dr Kartik Hariharan**  
Consultant Orthopaedics  
Foot & Ankle Surgeon,  
FRCS (Orth) UK

### International & National Faculties



Applied Credit Points



**Dr Kamal Dureja**  
President  
IFAS



**Dr Partiban**  
Joint Secretary, Chennai  
Organising Team



**Dr Carlo Anjelo Barbon**  
Consultant Foot & Ankle  
Philippines



**Dr. Abhijit  
Bandopadhyay**  
Secretary IFAS



## Fees Structure

Consultants ₹ 10,000/-

PG Students ₹ 5,000/-

Conference Fees for Overseas Delegates €200

### CONTACT

**DR. DHARMARAJAN +91 73734 35557  
FOR CADAVER WORKSHOP**



**Scan to Register Online**

## Accommodation

| Sr. No. | HOTEL               | ROOM              | RATES SGL | RATES DBL | TAX  | PALN                | APPROXIMATE DISTANCE FROM |
|---------|---------------------|-------------------|-----------|-----------|------|---------------------|---------------------------|
| 01      | Hilton Chennai      | Hilton Guest Room | ₹ 8,500   | ₹ 9,500   | 18%  | Including Breakfast | Venue                     |
| 02      | Hablis Hotel        | Delux             | ₹ 6,000   | ₹ 7,000   | 12 % | Including Breakfast | 1.6 KMs                   |
| 03      | Ramada Plaza        | Standard          | ₹ 6,500   | ₹ 7,500   | 12 % | Including Breakfast | 4 KMs                     |
| 04      | Iemon Tree - Guindy | Executive         | ₹ 6,499   | ₹ 7,499   | 12 % | Including Breakfast | 3.4 KMs                   |
| 05      | MNR Residency       | Standard          | ₹ 1,200   | ₹ 1,200   | NETT | No Breakfast        | 300 Meters                |
| 06      | Mount Manor         | Delux             |           |           | NETT | Including Breakfast | 4.0 KMs                   |
|         |                     | Standard          |           |           | NETT | Including Breakfast | 4.0 KMs                   |

- The Rates Are Current And Are Subject To Change Without Prior Notice.
- All Request For Reservation Will Have To Be Accompanied By One Day's Rent For Confirmation
- Taxes Extra As Applicable Where Indicated.where It Is Mentioned Nett, Rates Are Including Taxes

### Cancellation Policy

- 30 Days Before Arrival - Nil
- 15 Days Before Check In Admin Fee Of ₹ 500/- Will Be Deducted
- Less Than 15 Days One Night Room Rent Will Be Detected
- Early Check In Or Check Out Will Be Billed As Per Hotel Rules.

**For Booking: Mrs. Usha Nandini • +91 99406 68816  
(Marundeeswara Enterprises)**

### RSVP

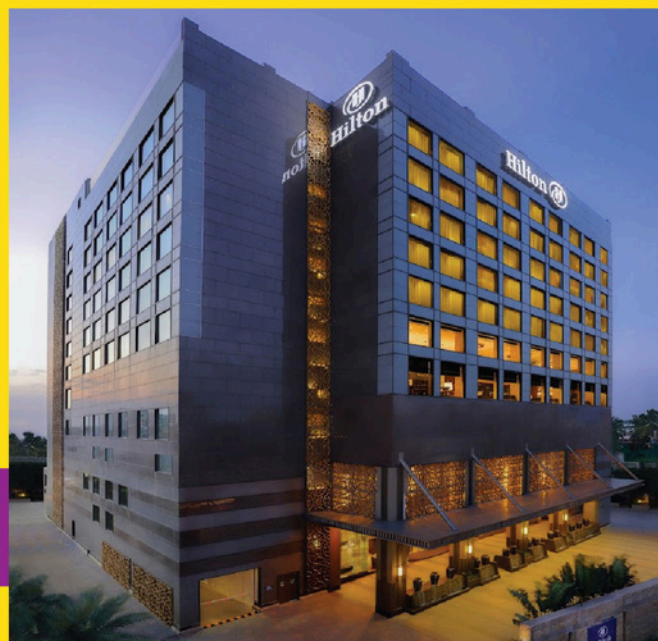
**Dr J. Dharmarajan**  
(Organising Secretary)

**+91 73734 35557**

**Dr Rahul Upadhyay**  
(Course Chair)

**+91 99902 83055**

**E-mail: nfas2sifam.poh@gmail.com**



### Gala Dinner @

Hotel Hilton, Guindy, Chennai.

24<sup>th</sup> January 2025

Time: 07:30 pm onwards



# STEPPING FORWARD IN FOOT & ANKLE ADVANCEMENTS

## Scientific Agenda



The National Foot and Ankle Summit (NFAS/SIFAM - 2) brings together the brightest minds in foot and ankle surgery, presenting a comprehensive scientific agenda filled with cutting-edge techniques, Case based discussions, Rebuttals, and Relive surgeries. This two-day conference is designed to challenge and inspire participants with rigorous discussions, practical insights, and hands-on workshops, exploring both fundamental and advanced aspects of foot and ankle orthopedics.

**24<sup>th</sup> January, 2025**

**DAY 1**

### Session 1

**8:30 AM – 9:30 AM:**

**Foot & Ankle Trauma Challenges – 1**

*Navigating the Extremes:*

*Complex Foot & Ankle Trauma*

(Four talks of 8 minutes each followed by discussion of 12 minutes)

- Extreme nailing of Pilon fractures
- Bilateral calcaneus fractures
- Subtalar arthroscopy for management of talus and calcaneus fractures
- Subtalar dislocations: approach & management

#### **Discussion**

Case Presentations: (2 Cases x 8 Minutes)

### Session 2

**9:30 AM – 10:30 AM:**

**Foot & Ankle Trauma Challenges – 2**

*Mastering the Intricacies: Advanced Solutions for Foot & Ankle Challenges*

(Four talks of 8 minutes each followed by discussion of 12 minutes)

- Role of ankle arthroscopy in ankle fracture management
- Chopart dislocations: approach & management
- Medial approach for calcaneus fractures
- Calcaneus fracture dislocations

#### **Discussion**

Case Presentations: (2 cases x 8 minutes)

**10:30 AM – 11:00 AM: Inauguration / Tea Break**

### Session 3

**11:00 AM – 12:00 PM: Foot & Ankle Trauma Challenges – 3**

*Redefining Trauma Care: Addressing Complexities in Ankle and Calcaneus Fractures*

(Four talks of 8 minutes each followed by discussion of 12 minutes)

- Revision ankle fixation: When & how?
- Management of delayed presentation of talus neck and body fractures
- Revision fixation of neglected calcaneal fractures
- Neuropathic calcaneus fractures

#### **Discussion**

Case presentations: (2 cases x 8 minutes)

## Session 4

**12:00 PM – 1:00 PM:**

### **Foot & Ankle Trauma Challenges – 4**

#### *Fix or Fuse Situation: Addressing Neglected and Complex Foot Injuries*

(Four talks of 8 minutes each followed by discussion of 12 minutes)

- Primary fusions in Foot & Ankle Trauma: where & why?
- Bilateral midfoot trauma
- Habitual dislocations in Foot and Ankle
- Neglected injuries of 4<sup>th</sup> and 5<sup>th</sup> TMT joints

#### **Discussion**

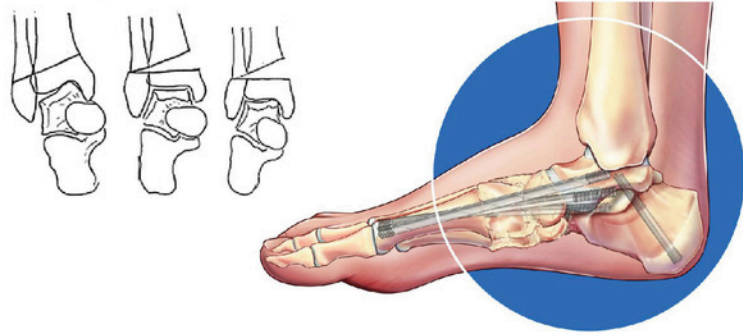
Case presentations: (2 cases x 8 minutes)

## Session 5

**1.00 PM – 1:30 PM: Master Talks**

#### *Insights from the Masters: Advanced Techniques in Foot & Ankle Surgery*

- Complex supramalleolar osteotomies
- Failed midfoot Charcot reconstruction
- Where will I not use MIS in forefoot surgeries!



**1:30 PM – 2:15 PM: Lunch**

## Session 6

**2:15 PM – 3:15 PM: Video Debates**

#### *Surgical Showdowns: Exploring Divergent Perspectives in Foot & Ankle Treatment*

(A seven-minute video demonstration, presenting arguments for and against the topic, followed by three minutes for rebuttal by each side.)

##### **Fusion for PCFD:**

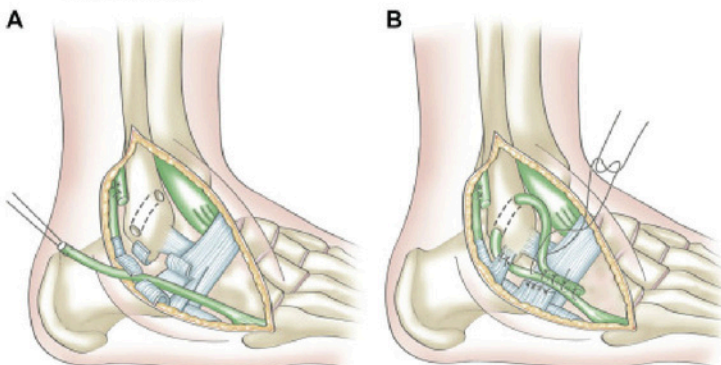
- I always do Dipple
- I am for Triple
- Rebuttal

##### **Severe hallux valgus:**

- Lapidus is my go to
- I hate Lapidus
- Rebuttal

##### **Lateral ligament reconstruction:**

- I don't augment
- I always augment
- Rebuttal



## Session 7

**3:15 PM – 4:35 PM: Failure to Success: Revision Foot and Ankle Surgery**

#### *Turning Failures into Successes: Revision Strategies in Foot & Ankle Surgery*

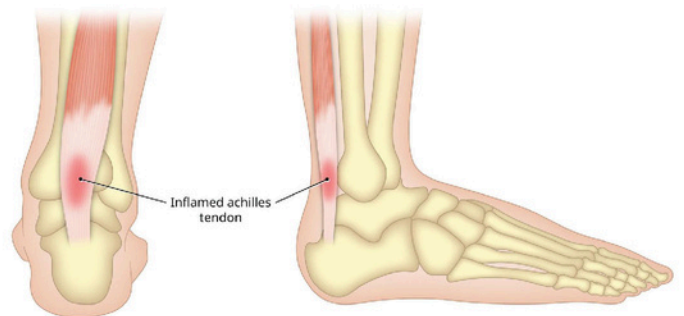
(Four talks of seven minutes followed by discussion of 12 minutes)

- Non-union of TTC fusion
- Overlengthened tendoachilles
- Malpositioned ankle fusion
- Failed Cavo varus reconstruction

#### **Discussion**

- Failed flatfoot reconstruction
- Malpositioned hindfoot fusions in Foot & Ankle
- Failed Brostrom Gould repair
- Failed hallux valgus reconstruction

#### **Case based Discussion**



**4:35 PM – 4:50 PM: Tea Break**



## Session 8

**4:50 PM – 5:50 PM: Advances in Foot & Ankle Orthopaedics**

*Pushing Boundaries: Technological Advances in Foot & Ankle Care*

(Two sessions of 3 talks, each talk of 7 minutes followed by discussion of 9 minutes)

- WBCT
- Robotics in Foot & Ankle
- 3D printing in Foot & Ankle
- Orthobiologics
- AI in foot & ankle
- Revision & patient specific TAR

**Discussion**

**Discussion**



**5:50 PM – 6:50 PM: Saw Bone Workshops**

*Hands-On Learning: Practical Skills in Foot & Ankle Orthopaedics*



Medial calcaneal slide osteotomy technique



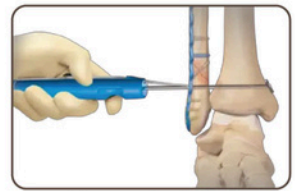
TTC fusion



Lateral Ankle Reconstruction



Internal Brace Deltoid



Syndesmosis tightrope

**7:30 PM Onwards: Dinner**

**25<sup>th</sup> January, 2025**

**DAY 2**

## Session 1

**8:00 AM – 9:30 AM: Deformities**

*Addressing Deformities:*

*Advanced Management in Foot & Ankle*

(Two sessions of 3 talks of 7 minutes each followed by discussion of 8 minutes)

- Neglected equinovagovarus deformities in adults
- Management of tarsal coalitions in adults
- Neglected equinovalgusfoot: approach & management

**Discussion**

- Neglected CVT in adolescents
- Failed metatarsus adductus reconstruction
- Tendon transfers in calcaneus deformity

**Discussion**

Case presentation: (Four cases x 8 minutes)

## Session 2

**9:30 AM – 10:35 AM: Free Paper Session**

- (Seven paper presentation of 8 (6+2) minutes each)



**10:35 AM – 10:50 AM: Tea Break**



## Session 3

**10:50 AM – 12:20 PM:**

### **Uncommonly Common Encounters**

*Tackling the Uncommon: Practical Approaches to Challenging Cases*

(Two sessions each of 5 talks of 6 minutes followed by discussion of 15 minutes)

- Tibia OCDs
- Diagnosis & management of subtalar instability
- Salvage of AVN talus
- Recalcitrant plantar fasciitis
- Salvage of Freiburg Infracrion

### **Discussion**

- How I manage complications of MIS procedures
- Non diabetic neuropathy: does management differ?
- Sesamoiditis
- Intractable plantar keratosis
- Foot & ankle score I prefer

### **Discussion**

## Session 4

**12:20 PM – 2:05 PM: Master Talks**

*Guidance from Experts:*

*Masterful Approaches to Complex Cases*

(Two sessions each of 4 talks of 10 minutes followed by discussion of 12 minutes)

- How I select TAR implant
- Ultrasound guided procedures in foot & ankle Orthopaedics
- MIS hallux procedures
- Combined ankle instability

### **Discussion**

- TAR in valgus deformities
- TAR in varus deformities
- Revision TAR
- Takedown fusion to TAR

### **Discussion**

**2:05 PM – 2:45 PM: Lunch**

## Session 5

**2:45 PM – 3:45 PM: Oops! Now What?**

**Tale of Complications! – How I Salvaged My Case? Six Scenarios from Masters.**

*Wisdom in Practice:*

*Reflections on a Lifetime in Foot & Ankle Surge*

(6 talks of 8 minutes followed by discussion of 12 minutes)

## Session 6

**3:30 PM – 4:00 PM:**

**Paper That Changed My Practice**

*Foundational Insights:*

*Pivotal Research in Foot & Ankle Care*

## Session 7

**4:00 PM – 5:00 PM:**

**My Lifetime Work**

*Navigating Complications:*

*Stories of Surgical Redemption*

**5:00 PM Onwards: Saw Bone Workshops**

*Practical Mastery : Final Workshops on Day 2*



Arthrodesis plate



Lisfranc fusion plate



Lisfranc fusion plate



Mini tightrope lisfranc



MTP fusion

# Cadaveric Workshop @ MADRAS MEDICAL COLLEGE



**Dr Rajiv Shah**  
Course Convenor  
Past Chair – APOA



**Dr Kartik Hariharan**  
Consultant Orthopaedics F&A  
Surgeon, FRCS (orth) UK



**Dr V Singaravadivelu**  
Director, Inst. of Orthopaedics  
MMC & RGGGH Chennai



**Dr Rahul Upadhyay**  
Course Chair SIFAM



**Dr TV Raja**  
Past President IFAS



**Dr John Mukhopadhyay**  
Patna



**Dr Pradeep Moonot**  
Mumbai



**Dr J. Dharmarajan**  
Organising Secretary  
NFAS/SIFAM 2



**Dr Mithun E.R.**  
Organising Secretary  
Cadaver Workshop



**Dr Arunkumar Ramanathan**  
Chennai



**Dr Venkatram**  
Pondicherry

## HIGHLIGHTS

**Advanced Cadaveric Workshop (limited to 30 participants), offering hands-on exposure to...**

1

**Difficult foot and ankle exposures**

2

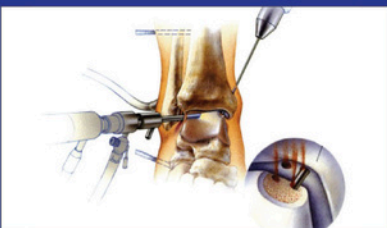
**Arthroscopy of the ankle**

3

**Osteotomies around Foot and Ankle**

4

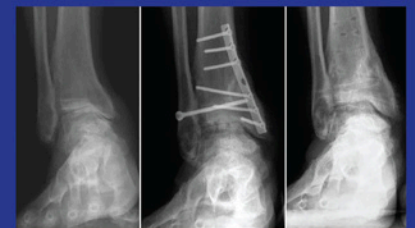
**MIS Techniques**



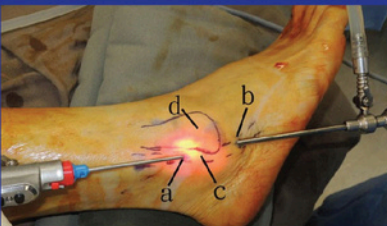
Anterior ankle arthroscopy



Posterior ankle arthroscopy



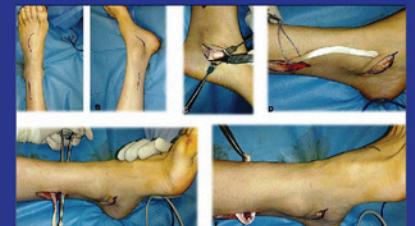
Osteotomies around ankle  
(SMO, Dome, cotton etc.)



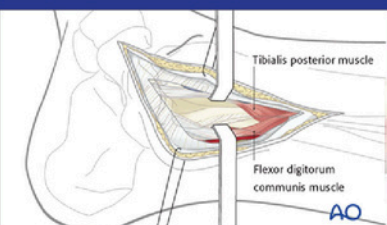
Tendoscopy



MIS techniques  
(DMMO, Hallux Valgus, Bunionette,  
Hammer toe, calcaneal osteotomies)



Tendon transfers – Cacaneus foot,  
drop foot and bridle



Exposures- Medial double,  
posterior approach to TTC